



SELENE LEBLANC

CHILD AND YOUTH MENTAL HEALTH CLINICIAN
KENORA RAINY RIVER CHILD AND FAMILY SERVICES

Selene is a Registered Social Service Worker with The Ontario College of Social Workers and Social Service Workers. In addition to providing regular counselling to clients, she is practicing as a school board clinician serving the west end of the Rainy River District. In her practice, she meets with individuals from Elementary to High-school age and also provides group programming when a need is evident.

Common areas addressed in individual sessions include anger management, anxiety, loss and grief, enhancing problem solving, relationship and social skills; developing self-regulation and coping skills, as well as, parent support.

Selene uses approaches to suite the needs of each client (and their families) and prioritizes to meet the client where they are at. Service time can range from a couple of brief sessions to regular weekly sessions.

Commonly used modalities, include: CBT, DBT, Child Centered Play Therapy, Brief Interventions, BRISK, Solution Focused and Motivational interviewing.

"I truly
enjoy my role working within area schools as a Child & Youth Mental Health Clinician.
I would encourage you to speak with your
principle or child's teacher to initiate the referral process for services or,
you can also call me directly at 274-1065, Ext. 5080. (please leave a message
and I will return your call as soon as possible)".

Please know that I am here for you and your family and I look forward to meeting you"

Selene